



KATHLEEN BABINEAUX BLANCO
LIEUTENANT GOVERNOR

State of Louisiana
OFFICE OF THE LIEUTENANT GOVERNOR
DEPARTMENT OF CULTURE, RECREATION & TOURISM
MANAGEMENT AND FINANCE

PHILLIP J. JONES
SECRETARY

MATTHEW A. JONES
UNDERSECRETARY

HUMAN RESOURCES MEMORANDUM NO. 01-070

September 19, 2001

TO: Lt. Governor, Secretary, Undersecretary, Assistant Secretaries, Deputy Assistant Secretaries, Program Managers

FROM: Mary F. Ginn
Human Resources Director

SUBJECT: Coping With Tragedy/Employee Assistance Program

We are all struggling to comprehend the tragedy that occurred last week. Horrendous events like these can leave people in shock and disbelief. Magellan Health Services, which provides mental health and substance abuse services for the State's health insurance plan, has composed a list of tips on coping with tragedy. We have attached this list for you and your employees.

While we struggle to comprehend these awful events, it is important that we take into account our children's perspective and help them cope as well. Attached is a list of tips on helping children cope with tragedy, also from Magellan.

During this difficult time, some employees may need to turn to outside management or professional help. The State of Louisiana Employee Assistance Program (EAP) is designed to assist and support employees who are experiencing personal problems and may benefit from outside management or professional help. Enclosed is an updated list of the statewide Employee Assistance Program (EAP) Coordinators.

Attachments

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